



Ashmore in Action

Issue N^o. 51

2nd May 2021

PAY IT FORWARD DAY

Club President



Norman Coventry

R.I. President



Holger Knaack

District Governor



Andy Rajapakse

Assistant Governor



David Bisiker



Rotary Opens Opportunities

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*The next meeting of the
Ashmore Rotary Club
is at the
Ashmore Rotary Community Centre
at 6:00 for 6:30 pm on Wednesday the 28th April
To assist with catering
Please advise of your intention to attend to:
Contact: **Robyn Schatz**
SMS: 0439 794 092
Email: randgschatz@gmail.com*

Club Officials for the Year 2020-21	
President: Norman Coventry
Vice president:Heather Yarker
President Elect: Denise Payne
Treasurer: Ian Wilson
Secretary: Joan Adams
Service Directors	
Club Service: Denise Payne
Community Service: Barbary Healey
Youth: Jan Heap
Foundation & International Service:	...Justine Dillon
Membership: Norman Coventry
Vocational Service: Robin Schatz
Support	
Attendance: Robyn Schatz
Welfare: Marcia Waller Elaine Williams

Notice of a Special General Meeting

A Special General Meeting of the Rotary Club of Ashmore will be held on Wednesday, 5 May 2021 at 6.30 pm at the Ashmore Rotary Community Centre, at 139 Currumburra Road, Ashmore.

President Norman Coventry has drafted several changes to the Club's by-laws. Any queries regarding these changes should be sent to the Secretary, in writing, prior to the meeting.

Apologies, proxy and written votes to be forwarded to the Secretary in writing at joanadms3@optusnet.com.au prior to the commencement of the meeting.

Date	Venue	Duty Team	Guest Speaker/Event
5 May	ARCC	GOLD	<i>Special General Meeting</i>
8 May	T.B.A.	Ashmore R.C.	<i>Rotary Family Picnic. G.C. Botanic Gardens Centenary Baton for the day</i>
12 May	ARCC	RED	<i>Parkinson's Disease</i>
15 May	Twin Towns S.C.	District	<i>District 9640 Conference</i>
16 May	6 Alkira Way Worongary	Social Committee	<i>Barbara is in charge of entertainment Ian McP is Senior Chef</i>
19 May	ARCC	GREEN	<i>Steve Towner: Environmental Consulting</i>
26 May	ARCC	GOLD	<i>Justine Dillon: NATIONAL SORRY DAY</i>

The above arrangements may change as the date approaches. Check future issues for the latest information.

Please Note: All raffles held at club meetings will be CASH ONLY

This week's Menu

Each week we will endeavour to advise the meal that is planned at ARCC. Should you require something different we may be able to assist or you may wish to bring something from your own kitchen.

For Wednesday, 5th May

The planned meal is:

**Barbecue followed by
Birthday Cake**

Meeting Report for Wednesday, 28th April 2021

P.D.G. Heather was chairperson. Whilst initially reluctant to accept the late request, it was handled comprehensively and professionally. 17 members attended the meeting. One guest was invited to join the group later in the meeting. More of this later.

Apologies: Rob Deshon, Justine Dillon, John Stanfield & Elaine Williams.

Congratulations: To Rotarian *Ken Cowan* for last week reminding all present of an often forgotten, highly influential Australian citizen, Sir John Monash.

To *The Ashmore Men's Shed* for fabricating and installing cupboards in the Club's meeting room and for carrying out modifications on a poorly installed entrance door jamb.

Other Reports:

Brad Francis: The originally-proposed Centenary project of a Sandstone wall enclosing a *Wet & Dry Heath* has been postponed due to an inability to raise the \$20,000 required to complete the project. It is alternatively proposed, in conjunction with the Gold Coast City Council Parks Authority, to plant a Morton Bay Fig (*Ficus Macrophylla*) at a prescribed location. This genus is a native of the east coast of Australia, growing to an impressive age, height and width; very likely to be a memorable component of the Botanic Gardens for the bicentenary of Rotary in Australia. Brad will continue with discussions as to the possibility of holding a planting ceremony during the Rotary Family Picnic Day scheduled for the 8th May.

Pat Fleming: The Board has approved the granting of AUD 1,000 for flood relief to a community in Dili, East Timor; where the main street of the town was completely washed away. The community was a subject of a past Rotary project in an area where now some 25,000 homes have been lost and to where our previous contact, Sister Emaculata has returned after being banished to the far south of the Country by the Bishop of Dili for acting contrary to his suspect instructions. A video of the region was shown, of a previously narrow river having expanded to gigantic flow well over a kilometre wide. Because efforts to contact the Rotary Club of Dili have failed, it has been decided to allow Sister Emaculata to administer distribution of the funds.

The funding for this project came from the Sausage Sizzle project.

Heather Yarker: With husband Ian, have moved into a recently established retirement village in Pimpama. They continue to assist their daughter at the Nursery until son-in-law returns from his six-week motorcycle trip. The present few residents are very friendly and are already building a very hospitable community.

Denise Paine: In response to a comment from the recent questionnaire, a video was shown detailing a project of providing clean water, sanitation, hygiene and toilets to communities in developing countries.

Barbara Healy: This day, the 28th of April is National "Pay it Forward" day. Pay it Forward is a concept first heard of in the resolution of a 317 B.C. prizewinning play by the Greek playwright, *Menander*. The underlying plot of the play was the love given to their children by their parents was in turn, "paid forward" to their grandchildren. That play was lost and not discovered until 1957.

However, the concept was espoused many times over throughout the centuries by such luminaries as *Jesus Christ, Benjamin Franklin, Ralph Waldo Emerson* and *John Tolkien*. In 1999, *Catherine Ryan Hyde* wrote the novel *Pay It Forward* which in 2000, was made into a film starring *Kevin Spacey* and *Helen Hunt*. The Pay it Forward movement was inspired by the film with the movement's President, *Charley Johnson* devising a plan to produce a bracelet to be given for acts of kindness. Few bracelets remain with the original recipient, having been passed on to others who have spread the philosophy. The movement was founded in Australia in 2007 by *Blake Beattie* and has since spread to over 70 countries.

Barbara related an experience when she helped a neighbour to plant a tree. The neighbour wanted to pay for her help. Barbara refused, telling the neighbour to "pay it forward". "You give some help to another person".

Ken Cowan: Thanked Barbara for her presentation.

Ian McPherson: Suggested that the club begin now by offering one of the surplus meals to the homeless gentleman sleeping in the picnic shelter outside the club's premises. All agreed. *Ian* went to speak to the man and brought him back to the meeting. Introducing, *Courtney* to the members, he gave him the heated meal and a cup of coffee. *Ian* explained who we were and what we did. *Courtney* remained with us for the rest of the meeting.

Ian Mc gave *Courtney* a jar of *Robyn's* home-made **Rosella Plum jam** and acted as auctioneer to sell the remaining two jars; the winning bids coming from *Joan* and *Ian W*.

Norman Coventry: Advised that next week's meeting will be busy, comprising of the Club's 31st anniversary celebration; Mother's Day; Special General Meeting and a brief talk by *Jane Welsh* a (long) past recipient of a Rotary youth project.

There is the possibility of a joint project with the Rotary Club of Tenterfield where a camp has been established to allow first response emergency workers who, particularly during the recent disasters, have suffered Post Traumatic Syndrome Disorder; where participants can "de-stress" in a relaxed environment. The project over a two-day weekend is predominantly fence repair. It is possible that the project will proceed during the next weekend.

The meeting closed promptly at 20:00 hours.

Collectables

Bottles - plastic and glass, Cans with the 10c return bar code: To *Barbara H*.

Tea Bag Tags: To *Heather Y*.

Stamps: To *Ian McP*.

Bread Clips: To *Jan H*.

Aluminium Ring Pulls: To *Jan H*.

Cane Toads: Frozen— In plastic bag - see procedure at watergum.org

To *Michael H*.Will pick up

Social & Volunteer Calendar to June

PLEASE BE SURE TO MAKE A NOTE IN YOUR DIARY OF THE DATES OF UP-COMING EVENTS LISTED BELOW:

Wednesday, 5th May

Rotary Club of Ashmore, Special General Meeting

Saturday 8th May

Cluster 5 Family Picnic at the G.C. Botanic Gardens.

Saturday 15th May

District Conference at Twin Towns Services Club

Sunday 16th May:

BBQ at Michael and Janet Hyland's home.

Arrangements to be advised.

Wednesday 23rd June:

Changeover Dinner at the Southport Golf Club.

Wednesday 30th June:

Social event at the Centre.

"The Great Debate". Roast dinner.

All of the above events will continue to be advertised on **Page One** of this publication under:

ATTENTION: EVENT DETAILS

From the Editor's Desk

I had never come across the term "Pay it Forward", which is surprising as for a large part of my life has been spent doing exactly that. I have been a Rotarian only since 1998 so can claim just over 20 years of "documented service" but on thinking back, it may be as far as the early 1960s that I first started "paying forward".

As a 16 year-old cadet chemist, I had no idea what working in industry was all about. Fortunately, the Company was conscious of that with a policy that all cadets would be assigned to a mentor. My mentor was a 23 year old, recently graduated chemist, Sid Murray. Our first contact was in the Chief Chemist's office and for the next month I never left Sid's side. He took me on a guided tour of the whole site; from the other three laboratories to Front Office, to the refineries, to the Fabrication floor, the Director's floor, the toilets, showers and canteens. Even the "coke hole". He showed me where I could go and where a scruffy little kid like me was not welcome. He assigned my early jobs. Sweeping the spiral staircase to the labs, cleaning all the anvils and tools in the furnace room, washing the chemists' glassware and helping the senior chemists with menial tasks like filling reagent bottles, folding filter papers and crushing and sieving residue to separate any minute metallic pieces.

Sid monitored my progress through the various laboratory operations constantly checking to ensure that there were no errors. When the time came for me to move to another department, it was Sid who decided where I would work and for how long. He monitored my academic work, advising on the best methods to use to achieve a result and, when at twenty years old, the time came to graduate, escorted me to the Directors Floor to receive my formal promotion to the *Staff* and the designation "Chemist".

Sid was furious that, after a few months I told him that I was intending to apply for a transfer. "All the 'bloody' work I have put into you and you now want to leave". He did calm down when he realised that the laboratory I would move to was for graduates and only three kilometres from home.

It was in that laboratory that I was later asked to mentor a cadet and was able to repay the effort that Sid had put into me. That cadet graduated shortly before I transferred to Australia. He too left that laboratory to become a senior chemist with the local water authority; eventually rising to manager of a facility employing some forty graduate chemists and chemical assistants.

Soon after my appointment as Superintendent of Laboratories at the Australian operation, I set up a cadet scheme for chemists which was ultimately expanded to include metallurgists and engineers. In each case, a mentor was assigned and in each case, the cadet moved away well equipped to carve out a satisfying career.

Much the same happened when, as a expatriate during my last 12 years in the industry, I either opened or upgraded a refinery and laboratory setting up comprehensive training schemes for all personnel, most of whom were unfamiliar with the requirements of the work; for which I was very well paid and immensely proud to have helped many people in many countries.

MICHAEL HYLAND

Board Officer-Elect Vacancy

Peter Debelak has resigned from the 2021/2022 Board as Community Service Director.

Therefore, to start the new year with a full Board, nominations for the position of **Community Service Director** are called for.

Note: one nomination has been received and an election will take place at the Special General Meeting if other nominations are received.

Nominations are to be given to the club Secretary in writing by the **commencement of the Special General Meeting at 6:30 pm on 5 May 2021.**



A project of the Rotary Clubs of Melbourne in partnership with the Rotary Clubs of Sydney and Districts of Australia

Bring local colour and culture to our centenary.

The R100 Baton Relay is an event to connect all Rotary Clubs across Australia and NZ with their communities.

Rotary Family Picnic at the Botanic Gardens
Ashmore Road, Benowa.

Saturday 8th May 2021 from 11 am to 3 pm

Bring your family (and your own picnic and chairs) and join with other Rotarians in our Cluster in walking our Baton around the local Botanic Gardens, to show the local community our Rotary strength in our 100th year

Wear your Rotary T-shirts and we will walk in our clubs in Half hour blocks from 11.30 to 2.00 pm.

Bring your family and friends.

Please RSVP to Marcia Waller so that we know how many are coming and can arrange a suitable meeting place.

On Wednesday 5th May we will celebrate the 31st BIRTHDAY of our club with a special meeting to be held at the Ashmore Rotary Community Centre, Currumburra Road, Ashmore.

We invite you to join with our members to celebrate this special event. 6.00 pm for a 6.30 pm start. Cost \$20 each.

Please RSVP to Robyn Schatz on 0439 794 092 or randgschatz@gmail.com by no later than 1st May

THIS PAGE IS A REPEAT OF THE ITEM PRINTED IN LAST WEEK'S ISSUE OF AiA

Please bring the page to the meeting to ensure that you are familiar with the proposed changes

Proposed Changes to the Bye-Laws of Ashmore Rotary Club

Proposed Change to Bye-Law 16: (Life Membership).

Bye-Law Section 4 Article 16 – Insert:

Members who have had distinguished and have given long service to Ashmore Rotary, be suitably recognised as Honorary Life Members of the club. Life membership will attract the same conditions as an active member except that they are exempt from paying fees, and that in acknowledgement and appreciation of their contributions to Rotary and the community, the club bears the cost of their membership.

Proposed Change to Bye-Law 7, Section 1 (Removal of Admission Fee).

Delete current Section 1 and amend Section 2 as Section 1

Proposed Change to Bye-Law 17, Section 4: (Removal of Admission Fee)

Delete current wording & Insert the following:

If no written objection to the proposal, stating reasons, is received by the Board from any Member (other than honorary) of the club within seven (7) days following publication of information about the prospective member, that person shall be informed of the purposes of Rotary and of the privileges and responsibilities of membership, following which the prospective member shall be requested to sign the membership proposal form, as prescribed in these bye-laws and shall be considered to be elected to membership.

Proposed Change to Bye-law 8 (Avenue of Service)

Bye-Law 8 – Insert:

New Title: Six Avenues of Service

The six Avenues of Service are the philosophical and practical framework for the work of this Rotary Club being Club Service, Vocational Service, Community Service, International Service, Environmental Service and Youth Service. The club will be active in each of the six Avenues of Service.

Proposed Change to Bye-Law 4, Section 6: (Sergeant-Arms)

New Title: Chairperson

Delete: The duties of the Sergeant-at-arms shall be to manage the meetings of the club and such as are usually prescribed for such office and other duties as may be prescribed by the President or the Board.

Insert: The duties of the Chairperson shall be to manage the meetings of the club and such as are usually prescribed for such office and other duties as may be prescribed by the President or the Board.

Proposed Change to Bye-Law 18, (Order of Business at Ordinary Meetings)

Delete: Sergeant-at Arms

Insert: Chairperson

Norman Coventry

President Ashmore Rotary

Mob: 0404 476 866

Mail: ndcrotary@gmail.com

Web: www.ashmorerotary.org

TO ALL ROTARIANS

The 21st April, was **Centenary of Rotary Australia in 1921** and the book **"100 YEARS - 100 STORIES"** was placed in the hands of the printer that same day, for publication in April 2021.

This book will be a limited edition. It will not be reprinted - 120 pages A4 landscape printed in colour throughout. The book is a project of the **Rotary Club of The Granite Belt** and the 100 stories cover a diverse range of topics - Club, Community and International Projects, District Projects and District Programs, Rotary Stories and Journeys, Rotary Heroes, International Programs and International Stories.

In celebrating 100 years Rotary Australia we encourage every club in our Rotary District to support this project through the purchase of books to share our stories.

The Rotary Club of The Granite Belt is suggesting that each of the 58 clubs in our Rotary District consider purchasing 1 copy for each 5 members in their club membership or part thereof. **With 28 members in your club, could your club purchase 6 copies?** This support from your club would be very much appreciated.

Use as a gift to:

- Special guest speakers
- A new member on induction into Rotary
- Donate to your public or school library
- Provide interesting informative reading when made available in waiting rooms and offices

Or for:

- * Interesting ideas for club projects
- * Ideal gift for YEP, GVE & Friendship Exchange participants.
- * A valuable "tool" for Rotarians and Rotary Clubs to share something of our District 9640 Rotary story.

Your book order will be held at the Conference for collection by you or a member of your club. (Picking up at Conference will save postage or freight costs).

Payment with your order would be appreciated. Details for ordering are below.

100 YEARS - 100 STORIES

ORDER YOUR COPY NOW

Rotarians don't miss the opportunity to own your copy of this limited edition **"100 YEARS - 100 STORIES"** to be released on the 15th May 2021 at the Rotary District Conference.

At **\$25 per copy** (Plus \$9.40 postage if applicable) the book will make a great gift for family, friends of Rotary, or maybe as a **"Thank You"** for Club guest speakers. A book of 100 diverse, interesting Rotary stories will provide a great and easy way to promote Rotary through many opportunities.

Reserve your copy / copies by sending your details and payment to -

Rotarian Greg Paxton
 Secretary / Treasurer Rotary Club of The Granite Belt
 PO Box 708, Stanthorpe Qld. 4380
 Email: gpax4690@bigpond.net.au
 Phone: 0408 887 277

BANK DETAILS:

Stanthorpe Community Bank
 Bendigo Bank
 BSB: 633 000
 A/C: 180 631 202

REFERENCE DEPOSIT TRANSFER: (Your Name)

Congratulations to
Marcia Waller has a Club Anniversary on May 5th
Happy Birthday to Elaine Williams on May 7th
 and
Ken Cowan on May 8th
A very special mention for
Brian McAllan John Stanfield
Ian Wilson
Heather Yarker Ian Yarker
Who are all Ashmore R.C. Foundation Members
 (I wonder if the Melbourne Club has as many Foundation Members as Ashmore!)

Member's Welfare
 If you are aware of any member who is sick or is in need of help, please contact
 Marcia Waller on:
 Mobile: 0413 730 820
 Email: marcialampshade@gmail.com

Ian McPherson has a better memory than I. Some time ago he suggested that I republish a "Valuable Piece of Information" that I had issued in 2012. Ian often has good ideas so I have taken his advice. Some of you, with memories as good as Ian's may also remember this but it doesn't hurt to republish something that may be of use.

MICHAEL HYLAND

Valuable Piece of information

Let's say it's 6.15pm and you're going home, after an unusually hard day at work.

You're really tired, upset and frustrated. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up into your jaw. You are only about five miles from the hospital nearest your home.. Unfortunately you don't know if you'll be able to make it that far. You have been trained in CPR, but the guy that taught the course did not tell you how to perform it on yourself.

HOW TO SURVIVE A HEART ATTACK WHEN ALONE

Since many people are alone when they suffer a heart attack, without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.

However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital. ***Tell as many other people as possible about this. It could save their lives!!***

A cardiologist says If everyone who gets this mail sends it to 10 people, you can bet that we'll save at least one life.

Rather than sending jokes please.. Contribute by forwarding this mail which can save a person's life....If this message comes around youmore than once.....please don't get irritated.....YOU need to be happy that you are being reminded of how to tackle Heart attacks AGAIN...

**Penni Giles
Continuing Care Administrator
NHS Cornwall & Isles of Scilly**